

Some Actions That Are Not Protesting or Voting

A list adapted from [Frontline Medics](#). I've added some things and edited other things.

Redistribute your wealth to individuals in need

Donate to [Mutual Aid Groups](#)

Organize fundraisers for local groups

Donate to food programs [for example this [one](#) and donate to them [here](#)]

[Cook and bake](#) for community group meetings

Start or join [Food Not Bombs](#)

Knit or crochet items for your houseless neighbors

Participate in [#WarmHolidays2024](#)

Organize or participate in [political education](#). Here's a [helpful guide](#).

Establish [ongoing study and book groups](#) - sign up a [training on how to facilitate reading groups](#).

Organize a monthly [community film screening](#) & discussion

Offer skill-sharing and trainings

Participate in [skill-sharing and trainings](#)

Volunteer your art, technology, design, legal skills to local efforts, organizations, groups

Learn about and practice [community self-defense](#)

Learn about [Community Defense Zones](#) and also check out this excellent resource [Defend and Recruit](#).

Learn about creating rapid response networks

Learn about deportation defense through this [new resource by Make The Road](#) and [this one](#) by Mijente

Organize response and support for survivors of violence. Sign up to be trained as a volunteer with domestic violence and sexual assault organizations/groups

A suggestion offered: "harm reduction education/building harm reduction kits (Narcan, fentanyl/xylazine testing strips, sterile supplies, etc.), and pop-up overdose prevention centers (high risk, but organizers in Denver successfully did one). [Link here](#) to a story about this.

Donate and/or volunteer with [abortion funds and practical support organizations](#)

[Escort people to abortion clinics](#) when needed. Also you can reach out to your local PP/indie clinic to ask if they have an escort program use this link to find them: ineedana.com

[Adopt a clinic](#)

[Train](#) to become a practical support volunteer and support people traveling to access abortion care.

For youth who want to [fight for abortion rights](#)

What does it look like to start or join a [trans youth emergency project](#) in your community?

A suggestion offered: “Provide caregiving help for disabled folks, help us with daily tasks so we can have more energy to organize, & if u have more cognitive & physical capacity u can volunteer to help us plan direct actions (this one’s personal, I really need someone who has done projections onto buildings)”

Organize a [childcare collective](#). Another example [here](#)

Establish community [pop-up clinics](#)

Organize community freedom schools (the Children’s Defense Fund offers [one model](#) but there are many others too: [here](#) and [here](#).)

[Join or start a union](#)

If you’re a young person interested in unions, get involved with [Gen Union](#).

[Form an affinity group](#)

Provide [tenant support and help with rent strike organizing](#)

Help with [disaster relief](#)

[Film the police AKA copwatch](#)

Monitor court cases [[courtwatching](#) and [participatory defense hubs](#)]

[Financially and emotionally support detained and incarcerated people](#)

Start or join [a jail support project](#) and here’s a jail support [zine](#).

Consider [jury nullification](#)

Signal-boost & support prison strikes and abolition efforts

Organize or attend [neighborhood assemblies](#) and [people’s movement assemblies](#)

Get involved in [Citizen University](#)

Attend community board and other local meetings

[Run for or seek appointment to your local library board](#)

[How to Fuck Up an Asshole School Board](#)

Organize or participate in community clean-ups

Start or join a local community garden. Benefits of gardening are [here](#).

Start a [Meal-Based Residency Program](#)

[Start a healing justice lending library](#)

Organize or join a [local mask bloc](#) to distribute free masks to community groups to use for their gatherings. Search mask blocs around the world [here](#).

Organize or join a [Clean Air Club](#)

Create a [COVID Mitigation Tools Library](#)

Organize [local free stores](#) to distribute needed items and supplies to community members. Can't do a whole store, how about [a free table](#)?

Set up a [Free Fridge](#) in your community

[Watch this](#) and [write letters to the elderly](#) also [here](#).

Make [zines and pamphlets](#) on various topics and distribute them in your communities [laundromats, cafes, public libraries, schools, etc...]

Start a community newsletter or bulletin to share information about local mutual aid

[Create or redistribute art and media](#) to counter mainstream propaganda

Amplify the calls for support from people of color, disabled people and others

Uplift queer and trans voices

Share vital info online and in person

Support friends who are attending/planning actions/protests

I created a “**steps to action: reproductive justice**” guide to share with my Goddaughter and her friends. It is intended to help them as they've been extremely worried about how to actually take some action around an issue that they care a lot about. Perhaps it might be helpful for others too. [Link is here](#).

Make your own focused “steps to action” guide and share with your loved ones and community members.

MAKE YOUR OWN LIST FOR YOUR COMMUNITIES...